S E R V I C E S P L L G H

REHABILITATION



Together We're Helping Pets Enjoy A Better Quality Of Life.

There's a reason more veterinarians refer their patients for physical rehabilitation. It works! A well designed rehabilitation program developed and implemented by credentialed veterinary professionals can help in even the most challenging cases. Improving quality of life through better mobility and reduced pain is always the goal. At BEVS, patients are enjoying success through a variety of modalities. And most are having fun too!

24/7/365 Emergency and Critical Care • Acupuncture • Dentistry • Diagnostic Imaging Internal Medicine • Oncology • Radioiodine • Rehabilitation • Surgery

802.863.2387 | bevsvt.com



REHABILITATION

Pamela Levin, DVM, CCRT – Certified Canine Rehabilitation Therapist Lyn Garson, CVT, CCRP – Certified Canine Rehabilitation Practitioner

Pamela Levin, DVM, CVA, CCRT, CVPP







For as long as she remembers, Dr. Pamela Levin always aspired to be a veterinarian. She attended University of New Hampshire and graduated with a BS in Animal Science. Her veterinary training was completed at Ross University School of Veterinary Medicine with clinical rotations at Oklahoma State University School of Veterinary Medicine.

Dr. Levin has experience working in both general practice and emergency medicine. During her years as an emergency veterinarian, she became interested in acupuncture and rehabilitation, and how it could be used as an adjunct to help her patients. She completed certification through the International Veterinary Acupuncture Society, followed by formal training to become a Certified Canine Rehabilitation Therapist (CCRT).

Seeking a quieter lifestyle in her native New England, Dr. Levin relocated to Vermont in 2015, bringing rehabilitation and pain management services to BEVS. She then became a Certified Veterinary Pain Practitioner (CVPP) through the International Veterinary Academy of Pain Management (IVAPM) and is the only veterinarian in the state of Vermont with this credential.

Dr. Levin is passionate about improving the quality of life and mobility of all pets, but especially in seniors. In addition to her work at BEVS, Dr. Levin also works for the Humane Society of Chittenden County and partners with local law enforcement on animal cruelty investigations.

Lyn Garson, CVT, CCRP _____





It was 36 years ago that Lyn began working at her first veterinary clinic where she rescued a tiny three-legged orange kitten. Since then, Lyn has adopted several other tripod cats, and she holds a special place in her heart for all differently-abled pets. After working as a Certified Veterinary Technician in general practice her entire career, Lyn decided to pursue her passion for helping physically challenged animals. She completed an extensive program through the University of Tennessee and earned certification as a Canine Rehabilitation Practitioner (CCRP). Lyn is also certified as a small animal massage therapist and is pursuing additional certification in manual therapy techniques.

In addition to her work at BEVS, Lyn works for the National Veterinary Response Team (NVRT), providing veterinary medical support to animals during natural disasters and federal special-security events. She also is a long-time volunteer for the Our Companions Animal Sanctuary.

BEVS' Comprehensive Rehabilitation Program:

- Underwater treadmill (UWTM)
- Class IV therapeutic laser
- Neuromuscular stimulation ("E-stim")
- Therapeutic exercise programs (in-office and in-home)
- Acupuncture
- Pain management
- Manual therapy (massage, stretching, range of motion, tissue and/or joint mobilization)
- Orthotics and custom bracing
- Assistive device fittings and adjustments
- Wheelchair/cart fitting
- Weight management

Pain Management



Pain management is an essential part of veterinary rehabilitation. Using evidence-based, noninvasive treatment methods, we utilize pharmacologic interventions and non-pharmacologic modalities. This multimodal approach allows us to customize a treatment plan for each and every patient so we can maximize benefits while minimizing side effects of any one individual therapy.

Class IV Laser



This form of penetrating light energy reduces pain, inflammation and swelling, increases circulation, decreases muscle spasm, and stimulates the natural healing process. Treatment sessions typically take 10 to 30 minutes. Most pets find laser treatment relaxing and often fall asleep during their session.

Acupuncture



At BEVS, acupuncture is most frequently used as an adjunct for treating pain, GI signs associated with chemotherapy, and for geriatric patients with comorbidities. It is often combined with other modalities to provide maximum benefit.

Manual Therapy



Manual therapy encompasses skilled assessment and treatment methods to identify and address abnormalities. Massage, stretching, joint mobilizations, passive range of motion, and myofascial release are manual techniques often used in rehabilitation.

Underwater Treadmill (UWTM)



The UWTM is the ideal modality for patients with neurologic issues, arthritis, obesity and those recovering from orthopedic surgery. It is also a great tool for improving overall fitness and for athletic conditioning. Walking in the heated water environment is a fun and challenging form of exercise.

Therapeutic Exercises



Therapeutic exercises are used to restore balance, strength, coordination, flexibility and endurance. Our rehabilitation team creates an individualized exercise program for each pet.

Enhancing Mobility For Senior Patients

Arthritis is one of the most significant and underdiagnosed conditions in pets and is a common cause of chronic pain. The BEVS rehabilitation team is passionate about treating older pets and educating owners that help is available. A comprehensive physical exam and lifestyle assessment is all part of our rehabilitation consultation. A wide variety of treatment options are available to improve quality of life.

Construction Update – WE'VE MOVED!



We have settled into our new home at 1417 Marshall Avenue in Williston, VT 05495. Highlights include:

- 18,000 square feet
- Three surgery suites
- Dental suite with advanced imaging
- 12 consultation rooms
- Special procedure room
- · Intensive care unit
- Radioiodine ward

- Comfort room
- Chemotherapy suite
- Isolation ward
- 4-slice CT scanner
- 1.5 T MRI
- Rehabilitation services with underwater treadmill
- 60+ dedicated team members



Volume 2 | Issue 1 | Spring 2019

REHABILITATION



Rehabilitation Can Help Your Patients With:

- Post-operative orthopedic and neurologic recovery
- Osteoarthritis
- Hip dysplasia, elbow dysplasia, shoulder disorders
- Patellar luxation, cranial cruciate injury
- Back or neck injury
- · Tendinitis, muscle and ligament injury
- Intervertebral Disc Disease (IVDD)
- Degenerative Myelopathy
- Vestibular disorders
- Fibrocartilagenous Embolism (FCE)
- Weight management
- Athletic conditioning





Our experienced Rehabilitation Team is uniquely trained and takes the time needed to identify pain and dysfunction to help improve pets' quality of life. We work closely with each pet and their parent to develop an individualized plan, while empowering owners to take an active role in their pet's healing. For patient referrals, you can call 802.863.2387, email info@bevsvt.com or submit a referral through the veterinary referral portal on our website.