



## Patient Information and Medical History Pain Management

Client Name: \_\_\_\_\_ Pet's Name: \_\_\_\_\_ Date: \_\_\_\_\_

### In general, how do you rate your pet's health?

- Excellent     Very Good     Good     Fair     Poor

### Has your pet ever seen a veterinarian because of joint pain, stiffness or limping?

- No     Yes: Please explain:

### Living in pain can lead to changes in behavior, which can be hard to read in a pet.

#### On average, would you say your pet: (choose one)

- Is completely uninterested in its surroundings; sleeps all the time?  
 Will show interest, but no longer comes to greet you?  
 Is mostly interested in life and food, but reluctant to play?  
 Plays only when encouraged, and not for long?  
 Has had no change in personality?

### Has your pet's activity level changed? (check all that apply)

- Seeks more affection than usual     Has difficulty getting up from a lying position     Lies very still  
 Reluctant to move     Shows trembling     Becomes restless  
 Repetitively gets up and lies down     Shows circling     Does not wag tail  
 Trouble posturing for bowel movements  
 Other: \_\_\_\_\_

### Has your pet's appetite or thirst changed?

- Yes     No

### Does your pet have trouble in areas where it never used to need assistance? (check all that apply)

- Cannot manage any steps without assistance     Cannot jump onto the furniture without assistance  
 Cannot manage a full flight of steps (only 2 to 4 steps alone)     Cannot get into the vehicle without assistance  
 Manages a full flight of steps, but has difficulty     Has no trouble jumping  
 Can only go upstairs without assistance     Has trouble on slippery floors  
 Can only go downstairs without assistance     No problems on stairs

### Has your pet become protective of itself? (check all that apply)

- Protects hurt body part     Hides     Doesn't put weight on a limb  
 Limp     Doesn't want to be held or picked up     Does not like to be brushed/groomed  
 Other: \_\_\_\_\_

### How long can your pet walk without getting tired, limping, or stopping?

- Less than 5 minutes     More than 30 minutes/my pet doesn't get tired or sore  
 10 to 20 minutes     Does not show signs until finished walking and rests for a while (ie: will stiffen up)

**Did your pet's signs begin slowly or suddenly?**

- Slowly, over the course of a few months  Suddenly, within days or a few weeks

**Has the joint pain suddenly gotten worse?**

- Within the past few days  Within the past few weeks  Not applicable

**In the morning, are the affected areas stiff for more than half an hour?**

- Yes  No  There is no morning stiffness

**Has your pet had a joint/bone injury or surgery?**

- Yes (details: \_\_\_\_\_)  No  Unsure

**Which of the following methods do you use to manage your pet's pain, swelling, or stiffness? (check all that apply)**

- Physical activity/exercise  Nutritional supplements  
 Weight management  Physical rehabilitation/chiropractic/massage  
 Cold or heat treatment  Medication  
 Laser  None  
 Other: \_\_\_\_\_

**Which medication and/or joint supplements do you currently give your pet? (check all that apply)**

- Prescription medication from veterinarian: \_\_\_\_\_  
 Over-the-counter medication: \_\_\_\_\_  
 Aspirin: \_\_\_\_\_  
 Glucosamine human medication (brand): \_\_\_\_\_  
 Veterinary joint supplement (brand): \_\_\_\_\_  
 Herbal supplement (brand): \_\_\_\_\_  
 Other: \_\_\_\_\_  
 None

**Does your pet have any of the following conditions? (check all that apply)**

- Kidney disease  Skin disease  Liver disease  
 Active infection  Lung disease  Bladder problems  
 Cardiovascular disease  
 Other: \_\_\_\_\_

**What are your goals for your pet?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_